

Cross Country Alaska DRAFT Besh Cup Schedule 2018-2019

Draft Besh Cup Schedule Presented to Cross Country Alaska Competition Committee Spring 2018

Women's Distances						Event Information						Men's Distances					
U08	U10	U12	U14	U16	U20/ U18/ SR/MA	Community	Venue	Date	Level	Format	Tech	U20/ U18/ SR/MA	U16	U14	U12	U10	U08
South Central Besh Cup Weekend																	
short	short	short	1.1	1.1*	1.4	Anchorage	Kincaid	15-Dec	FIS	Sprint	Classic	1.4	1.1*	1.1	short	short	short
1+	1+	3	3	5	10	Anchorage	Kincaid	16-Dec	FIS	Mass	Free	15	5	3	3	1+	1+
Kenai Peninsula Besh Cup Weekend																	
short	short	short	1+/-	1+	1+	Soldotna	Tsalteshi	19-Jan	NRL	Sprint	Free	1+	1+	1+/-	short	short	short
1+	1+	3	5	5	5	Soldotna	Tsalteshi	20-Jan	NRL	Intvl-30 sec	Classic	10	5	5	3	1+	1+
Interior Besh Cup Weekend																	
ski-x	ski-x	ski-x	ski-x	5	5	Fairbanks	Birch Hill	2-Feb	NRL	Intvl-30 sec	Free	10	5	ski-x	ski-x	ski-x	ski-x
1+	1+	3	3	5	10	Fairbanks	Birch Hill	3-Feb	NRL	Mass	Classic	10	5	3	3	1+	1+
ASAA Championships February 21-22-23 - Birch Hill, Fairbanks Besh Cup Make-up Weekend: February 9-10 Summary of Techniques, Formats & Distances 3xClassic and 3xFree 2xSprint, 2xInterval, 2xMass-start U18/U20 Girls: 2x10km, 2x5km, 2xsprint U18/U20 Boys: 1x15km, 3x10km, 2xsprint U16 Girls race common distance with U18/U20 girls 3x U16 Boys race common distance with U18/U20 boys 1x or 2x (sprint qualifiers) NOTES: "short" means sprint of 100m-300m, preferably with terrain features; each skier should race 2-3 times U14 sprint distances may be ≤1Km; and should be easier terrain than for older skiers, if possible If U16's ski the same course as U18/U20/SR/MA skiers in qualifying (for USSA NRL pts), they <i>may</i> race over a shorter course in U16 bonus heats In AWG years, ski-cross race in Fairbanks IS an AWG qualifying race for U14's, and counts for AWG qual. points as do all other U14 Besh Cup races Besh Cup #1 Sprint has a "B" Bracket for U18/U20 skiers; U16 skiers who qualify in the top 30 will race in the top bracket Besh Cup #3 Sprint has no "B" Bracket for U18/U20 skiers BC#3, continued: U16's who qualify in the first 30 will advance to top bracket; there will also be U16 bracket of 12 BC#5: Start interval will be 30 seconds, subject to reduction to 15 sec. depending on weather conditions Besh Cup #5: ski-cross races for U08/U10/U12/U14 will take place after all U16/U18/U20/SR/MA events If Besh Cup #6 is free technique, then ski-cross moved to SUN; races for U08/U10/U12/U14 will take place after all U16/U18/U20/SR/MA events																	